

ANNUAL REPORT 2023-24

COMMITTED FOR SUSTANAIBLE CHANGE



Table of Content

- 01 — Introduction
- 02 — Key Projects
- 03 — Achievements
- 04 — Our Partners
- 05 — Stakeholder Insights
- 06 — Future Goals & Strategy

Introduction



About the Organisation

SAAD Foundation is a registered non-profit organization working towards improving the quality of life of underprivileged and marginalized communities across India. Since its inception, SAAD has been committed to promoting holistic development through programs focusing on healthcare, education, livelihood, women empowerment, mental health, and rehabilitation support.

Organisation's Vision and Mission

Vision



To build an inclusive society where every individual lives with dignity, health, and equal opportunity.

Mission

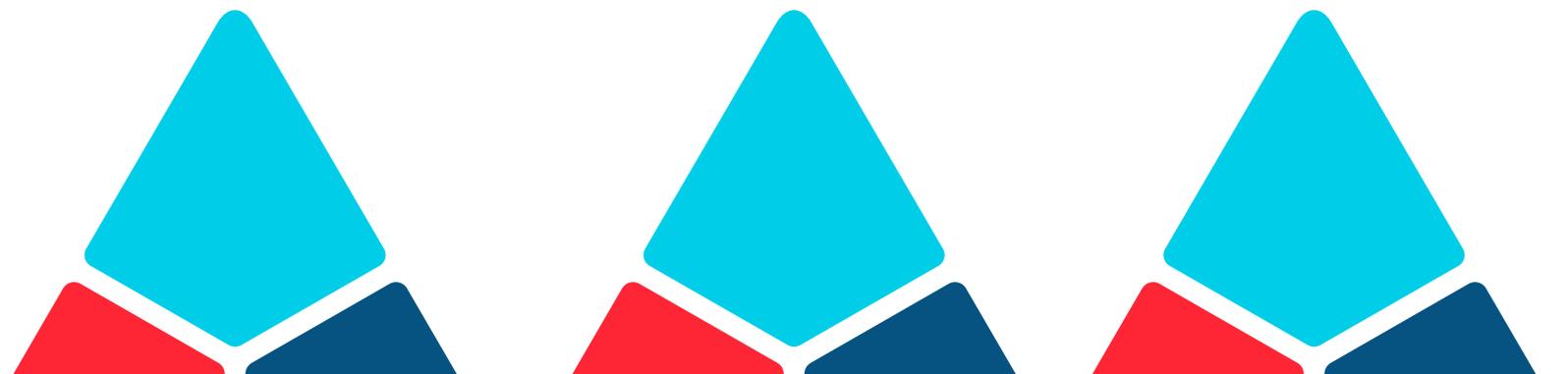


To empower underprivileged communities through education, health, skill development, and social inclusion programs that promote sustainable change.

Introduction



The year 2023-2024 has been a remarkable period of growth and social impact for SAAD Foundation. Guided by our mission to empower communities through health, education, environment, and social welfare initiatives, we implemented multiple programs addressing the needs of marginalized populations. Through collaboration with CSR partners, government agencies, and local networks, SAAD Foundation continued to drive sustainable and inclusive development across Maharashtra and Karnataka



PROJECT DRUSHTI

Eye Care for All

Project Drushti is an eye care initiative by SAAD Foundation aimed at preventing blindness and promoting vision health among underprivileged communities. The project conducts free eye check-up camps in urban slums and rural areas, providing eye screenings, spectacles, and cataract surgeries for those in need. Through awareness sessions and early detection, Drushti helps improve quality of life, especially for senior citizens and daily wage earners who lack access to primary eye care. The project ensures that everyone, regardless of their financial background, has the right to clear vision and a dignified life.



Way Forward

- **Expand Reach:** Conduct more eye check-up camps in rural and tribal areas of Maharashtra and Karnataka to reach remote populations.
- **Post-Surgery Follow-Up:** Strengthen follow-up mechanisms for cataract patients to ensure full recovery and compliance with medication.
- **Partnership Expansion:** Collaborate with hospitals, optical partners, and CSR donors to provide surgeries, spectacles, and sustainable support.



**80+ eye camps
conducted**



**20,000+
individuals
screened**



**11200+ free
spectacles
distributed**



**560+ cataract
surgeries
supported**

PROJECT MANAV SHELTER HOME

The Manav Shelter Home Project aims to provide a safe, nurturing, and supportive environment for orphaned, semi-orphaned, and street children. The project ensures their overall development by addressing education, health, nutrition, emotional well-being, and rehabilitation needs, ultimately helping them reintegrate into mainstream society.



Roadmap of the Project

- Continue providing safe shelter, nutrition, and education.
- Conduct health and psychological assessments for all children.
- Strengthen academic support and organize awareness activities.
- Introduce vocational training for older children.
- Develop partnerships with schools, corporates, and donors for child sponsorship.



**28 children
taking benefits**



**100% school
enrollment**



**25+ life skill
sessions**



**4 health check
up camp
conducted**

PROJECT SABLA

Empowering Adolescent Girls

The SABLA initiative aims to empower adolescent girls by promoting life skills, menstrual hygiene, and nutrition awareness through interactive and educational sessions in schools and communities. The program focuses on helping young girls understand the importance of physical and emotional well-being during adolescence and building their confidence to make informed life choices. Along with awareness sessions, sanitary pads were distributed to ensure proper menstrual hygiene management and reduce school absenteeism during menstruation. The project also encouraged open dialogue about menstrual health to break social taboos and create a safe, supportive environment for girls.

Way Forward

- **Expand Outreach:** Extend the program to more schools and communities across Maharashtra to reach a larger number of adolescent girls.
- **Menstrual Hygiene Product Accessibility:** Partner with local self-help groups and women entrepreneurs to set up low-cost sanitary pad production and distribution units.
- **Partnership Strengthening:** Collaborate with government departments, CSR partners, and NGOs to integrate SABLA activities with larger adolescent health and empowerment programs.



9 School covered



120 Sessions conducted



900 adolescent covered



1800 Sanitary Pads distributed

PROJECT PEACEFUL MIND

The Peaceful Mind Program focuses on nurturing the mental and emotional well-being of school students through holistic practices such as yoga, meditation, and dance movement therapy (DMT). The program helps children manage stress, improve focus, and enhance self-expression. Sessions are designed to create a positive and peaceful learning environment where children can develop mindfulness, empathy, and emotional balance. Through regular sessions and interactive activities, the program helps students connect their minds and bodies, build resilience, and develop healthier coping mechanisms.

Way Forward

- **Program Expansion:** Extend the Peaceful Mind Program to more schools across Maharashtra and other project locations to reach a larger number of students.
- **Integration with School Curriculum:** Collaborate with schools to include yoga, meditation, and mindfulness sessions as a part of the regular timetable.
- **Teacher Training:** Conduct capacity-building workshops for teachers and school counselors to help them identify emotional distress and provide basic psychological support to students.



9 School covered



72 Sessions conducted



1310 adolescent covered

PROJECT FIRSTAID & FIRE SAFETY

The First Aid and Fire Safety Awareness Program was implemented to equip students, teachers, and community members with essential knowledge and skills to respond effectively during emergencies. The sessions focused on basic first aid techniques, handling minor injuries, and understanding fire prevention and evacuation procedures. Practical demonstrations helped participants gain hands-on experience in using first aid kits and fire extinguishers. The program aimed to build confidence and preparedness, ensuring safer schools and communities through timely and effective emergency response.



Impact

- Increased awareness and preparedness to handle medical and fire emergencies.
- Improved understanding of the use of fire extinguishers and first aid kits through practical demonstrations.
- Reduced panic and improved response time during emergency situations in schools and communities.



**5 School 10
communities
covered**



**45 Sessions
conducted**



**1575
beneficiary
covered**

PROJECT JAN JAGRUTI ABHIYAN

The Jan Jagruti Abhiyan, implemented by SAAD Foundation across 23 locations in Mumbai, focuses on raising awareness about electrocution and electrical safety. The campaign educates communities on simple but vital safety measures — for instance, avoiding play or activities beneath electricity towers, not hanging clothes on towers, and refraining from structural alterations that bring buildings dangerously close to power lines. These precautions help prevent fatal accidents and protect lives.



Way Forward

- To sustain the impact of the awareness drive, continuous engagement and periodic workshops will be essential.
- Ongoing collaboration with local authorities, NGOs, and community leaders will be crucial in implementing long-term solutions to ensure the safety of residents during festive seasons.



23 locations covered



10000+ beneficiary covered



150+ Activities conducted

PROJECT JAL JIVAN MISSION

The Jal Jeevan Mission aims to provide safe and adequate drinking water to every rural household through individual tap connections. The project focuses on ensuring water quality, promoting water conservation, and strengthening village-level institutions for the sustainable management of water resources. It empowers communities, especially women, to participate in planning, implementation, and maintenance of water supply systems, ensuring long-term water security and improved health outcomes.

Impact

- Ensured access to safe and clean drinking water for hundreds of rural households, reducing water-borne diseases.
- Increased awareness about water conservation and hygiene practices through community sessions and campaigns.
- Formed and trained village-level committees to manage and maintain local water systems effectively.



193 villages covered



289500+ beneficiary covered



Strong collaboration with government

Key Achievements

01

Ongoing Project

The project continues to make consistent progress through regular activities and community engagement.

02

Sustainable Impact Created

The initiatives have led to lasting positive changes in health, education, and community well-being.

03

More Stakeholder and Donor Engagement

Regular communication and transparency have built donor and stakeholders confidence and encouraged continued support.

04

Seasonal Campaign Success

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SAAD FOUNDATION

OUR PARTNERS



Future Goals & Strategy

01

Expand outreach

- Conduct baseline surveys to identify high-need areas and potential beneficiaries.
- Collaborate with local NGOs, Gram Panchayats, and community leaders for smooth implementation.

02

Strengthen partnerships with CSR and government agencies

- Prepare comprehensive project proposals and impact reports highlighting measurable results.
- Build long-term relationships through transparent reporting and success-sharing mechanisms.

03

Introduce digital monitoring systems for all field projects

- Develop or adopt a centralized digital dashboard for real-time data collection and reporting.
- Train field staff on mobile-based data entry tools for transparency and efficiency.

04

Promote long-term sustainable and inclusive community development

- Implement capacity-building programs to strengthen local institutions and leadership.
- Focus on inclusive development by prioritizing women, youth, and persons with disabilities in all interventions.



SAAD FOUNDATION

Thank You!

Together, we continue building a future where every individual lives with dignity, health, and opportunity.

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